



How this document is to be used:

- During planning for the teaching of PSHE, the following document will support staff in ensuring coverage of the National Curriculum objectives.

At Whitemoor, PSHE is taught using SCARF : **Safety, Caring, Achievement, Resilience and Friendship**. SCARF is a whole school approach that encompasses relationships and health education.

We teach PSHE on a rolling programme.

In Year A – Class 2 are taught the Year 1 units, Class 3 are taught the Year 3 units and Class 4 are taught the Year 5 units.

In Year B – Class 2 are taught the Year 2 units, Class 3 are taught the Year 4 units and Class 4 are taught the Year 6 units.

For reference: 2022-2023 = Year A

Autumn Term		Spring Term		Summer Term	
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Me and my relationships	Valuing Differences	Keeping Myself Safe	Rights and Responsibilities	Being my Best	Growing and Changing